

## Results - Track Saturday Afternoon

## W35 400 Metre

## Name

## Finals

1	439 Fiona	De Mauny	W35 VAC	60.13
2	436 Emilie	Bokor-Ingram	W36 DENMARK	61.29
3	446 Wendy	Perkins	W37 EMAC	68.92

## W40 400 Metre

## Finals

1	463 Susan	McLoughlin	W40 VAC	59.42
2	465 Diana	Norman	W43 SCVAC	60.84
3	477 Joy	Wright	W42 SWVAC	64.13
4	458 Bea	Lafreniere	W41 SCVAC	64.91
5	453 Lourdes	Bradley	W43 SPAIN	66.65
6	467 Stephanie	Pain	W44 EMAC	66.95

## W45 400 Metre

## Finals

1	484 Joanna	Flowers	W49 VAC	63.74
2	481 Sally	Carr	W46 SCVAC	1:21.11

## W50 400 Metre

## Finals

1	508 Alison	Collins	W53 SCVAC	68.60
2	513 Sharon	Kirby	W50 WMAA	70.21
3	509 Susan	Dixon	W52 SCVAC	72.33
---	505 Tracey	Bosworth	W52 SWVAC	DNF

## W55 400 Metre

## Finals

1	548 Virginia	Mitchell	W55 SCVAC	64.25
2	535 Christine	Feely	W55 EMAC	69.94
3	559 Tessa	Stephenson	W57 EMAC	77.11
4	558 Angela	Sonn	W57 WMAA	77.22
5	537 Julie	Hicken	W55 NMAC	79.89

## W60 400 Metre

## Finals

1	577 Caroline	Powell	W64 SWVAC	69.94
2	583 Hilary	West	W60 NMAC	74.45

## W65 400 Metre

## Finals

1	596 Caroline	Marler	W67 NMAC	72.27
2	595 Sue	James	W67 SCVAC	1:36.69

## W75 400 Metre

## Finals

1	611 Kathleen	Stewart	W78 NEMAA	1:40.21
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## M35 400 Metre

## A &amp; B Finals

1	23 Martyn	Morant	M39 SWVAC	51.57	2
2	32 Steven	Tester	M35 VAC	52.38	2
3	14 Thomas	Grantham	M35 NMAC	52.70	1
4	5 Tom	Bolan-Ashworth	M38 NMAC	52.79	2
5	26 Andrew	Parker	M39 NMAC	52.80	1
6	10 Graham	Easty	M38 EMAC	56.90	1
---	21 Stewart	Marshall	M37 MMAC	DNF	2

## M35 400 Metre

## Section 1

1	14 Thomas	Grantham	M35	NMAC	52.70	1
2	26 Andrew	Parker	M39	NMAC	52.80	1
3	10 Graham	Easty	M38	EMAC	56.90	1
Section 2						
1	23 Martyn	Morant	M39	SWVAC	51.57	2
2	32 Steven	Tester	M35	VAC	52.38	2
3	5 Tom	Bolan-Ashworth	M38	NMAC	52.79	2
---	21 Stewart	Marshall	M37	MMAC	DNF	2

#### M40 400 Metre

##### Finals

1	41 Adam	Bellis	M41	SCVAC	51.58	
2	68 Baba	Tindogo	M43	SCVAC	52.50	
3	65 Richard	Scott	M44	SWVAC	54.02	
4	47 Peter	Davey	M44	SCVAC	56.28	
5	48 Paul	Dodds	M43	NEMAA	58.61	
6	43 Neil	Brittain	M41	EMAC	59.38	

#### M45 400 Metre

##### Heat 1 Preliminaries

1	100 Richard	Houchin	M47	MMAC	57.73	Q 1
2	94 Michael	Gardiner	M49	MMAC	57.89	Q 1
3	111 Michael	Osunsami	M49	SCVAC	58.77	q 1
4	119 David	Shortridge	M47	SCVAC	59.13	1
5	79 Michael	Bense	M46	VAC	60.98	1

##### Heat 2 Preliminaries

1	96 Glenn	Gray	M49	SCVAC	57.76	Q 2
2	73 Nick	Andrews	M47	OPEN	57.80	Q 2
3	78 Peter	Benedickter	M49	EMAC	57.90	q 2
4	99 Richard	Holt	M46	SCVAC	59.12	2
5	123 Stephen	Terry-Short	M47	MMAC	60.28	2

#### M45 400 Metre

##### Finals

1	94 Michael	Gardiner	M49	MMAC	54.88	
2	96 Glenn	Gray	M49	SCVAC	56.45	
3	73 Nick	Andrews	M47	OPEN	56.54	
4	100 Richard	Houchin	M47	MMAC	56.63	
5	78 Peter	Benedickter	M49	EMAC	57.14	
6	111 Michael	Osunsami	M49	SCVAC	58.03	

#### M50 400 Metre

##### Finals

1	137 Dominic	Bokor-Ingram	M50	SCVAC	52.67	
2	184 Chris	Taplin	M50	VAC	54.19	
3	189 Mark	White	M52	VAC	57.23	
4	168 Wole	Odele	M53	SCVAC	59.60	
5	141 Paul	Canning	M51	EMAC	61.70	
6	144 Lance	Croft	M51	EMAC	63.43	

#### M55 400 Metre

##### Heat 1 Preliminaries

1	196 Kermit	Bentham	M57	SCVAC	59.25	Q 1
2	221 Nicholas	Grocock	M55	SCVAC	59.63	q 1
3	195 Colin	Bates	M57	SCVAC	61.05	q 1
4	265 Clifford	Warren	M56	VAC	64.07	1
5	232 Stuart	Lynn	M57	NEMAA	65.89	1

##### Heat 2 Preliminaries

1	257 Jonathan	Tilt	M55	SCVAC	61.38	Q 2
2	239 Roy	Nelson	M55	SCVAC	62.05	2
3	246 Kevin	Pye	M58	MMAC	63.01	2
4	253 David	Stephenson	M55	EMAC	66.95	2
5	254 Andrew	Stewart	M57	EMAC	72.30	2

##### Heat 3 Preliminaries

1	267 Richard	White	M58	MMAC	58.49	Q	3
2	225 Peter	Ilo	M56	MMAC	59.24	q	3
3	237 Iain	Moody	M56	MMAC	62.87		3
4	213 Paul	Edwards	M58	MMAC	63.15		3
5	200 Malcolm	Bramhall	M59	EMAC	65.19		3

M55 400 Metre  
Finals

1	257 Jonathan	Tilt	M55	SCVAC	55.58		
2	196 Kermit	Bentham	M57	SCVAC	56.38		
3	267 Richard	White	M58	MMAC	56.91		
4	225 Peter	Ilo	M56	MMAC	58.95		
5	221 Nicholas	Grocock	M55	SCVAC	60.01		
6	195 Colin	Bates	M57	SCVAC	61.06		

M60 400 Metre  
Finals

1	303 Tennyson	James	M60	EMAC	60.80		
2	279 Ian	Broadhurst	M63	WMAA	61.72		
3	309 Ivars	Licietis	M62	EMAC	62.84		

M65 400 Metre  
Finals

1	344 Wally	Franklyn	M65	SCVAC	63.42		
2	337 Timothy	Carter	M65	VAC	65.97		
3	370 Ray	Watkins	M65	SCVAC	68.28		
4	338 Ed	Connolly	M68	VAC	72.08		

M70 400 Metre  
Finals

1	374 Terry	Bissett	M74	SCVAC	72.00		
2	380 Albert	Eland	M72	NMAC	72.50		
3	389 Gerry	Lustig	M70	VAC	78.40		
4	395 John	Steel	M70	MMAC	1:26.20		

M75 400 Metre  
Finals

1	399 John	Batchelor	M77	VAC	74.61		
2	403 Terry	Casey	M75	VAC	1:52.41		

M80 400 Metre  
Finals

1	422 Rodney	Mills	M81	NMAC	1:24.49		
2	420 Arthur	Kimber	M81	SCVAC	1:46.70		

W35 1500 Metre Run  
Finals

1	439 Fiona	De Mauny	W35	VAC	4:48.66		
2	440 Zoe	Doyle	W39	VAC	4:49.88		
3	442 Jacqueline	Etherington	W39	SVHC	5:02.88		

W40 1500 Metre Run  
Finals

1	459 Joanne	Locker	W41	VAC	4:56.19		
2	475 Claire	Thompson	W41	SVHC	5:11.18		

W50 1500 Metre Run  
Finals

1	525 Lisa	Webb	W52	VAC	5:16.06		
2	527 Julie	Wilson	W50	SVHC	5:21.87		
3	518 Jane	Pidgeon	W54	MMAC	5:34.47		

W55 1500 Metre Run  
Finals

1	546 Fiona	Matheson	W56 SVHC	5:04.19
2	552 Sharyn	Ramage	W55 SVHC	5:58.65

W60 1500 Metre Run  
Finals

1	565 Alison	Bourgeois	W64 EMAC	5:43.72
2	570 Anna	Garnier	W63 VAC	5:44.02
3	578 Avril	Riddell	W63 VAC	6:23.97
4	575 Carol	Jones	W60 VAC	6:24.99
5	581 Andrea	Sanders-Reece	W62 VAC	6:34.47
6	584 Lesley	Wright	W61 SWVAC	6:36.02

W65 1500 Metre Run  
Finals

1	588 Elizabeth	Bowers	W65 SVHC	6:13.42
2	594 Nancy	Hitchmough	W67 MMAC	6:36.75

W70 1500 Metre Run  
Finals

1	602 Angela	Copson	W70 MMAC	5:49.12
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W75 1500 Metre Run  
Finals

1	610 Iris	Hornsey	W75 EMAC	8:02.75
2	612 Betty	Stracey	W78 EMAC	8:46.69

M35 1500 Metre Run  
Finals

1	7 Aaron	Brown	M37 VAC	4:08.88
2	1 Joe	Ashley	M39 SCVAC	4:25.40

M40 1500 Metre Run  
Finals

1	44 Scott	Browne	M41 WMAA	4:30.41
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M45 1500 Metre Run  
Finals

1	117 Dean	Richardson	M45 MMAC	4:08.09
2	91 Patrick	Davoren	M45 SCVAC	4:15.25
3	75 Gordon	Barrie	M45 SVHC	4:16.97
4	129 Christopher	Westcott	M45 EMAC	4:22.32
5	114 Matthew	Preston	M45 VAC	4:46.85

M50 1500 Metre Run  
Finals

1	151 Adrian	Haines	M50 SCVAC	4:27.66
2	172 Andrew	Ridley	M53 VAC	4:29.51
3	175 Andrew	Ronald	M50 SVHC	4:35.82
4	134 Steve	Atkinson	M50 VAC	4:39.47
5	179 David	Smith	M50 MMAC	4:39.98
6	185 Chris	Upson	M54 SVHC	4:44.50
7	176 Anthony	Roper	M54 MMAC	4:44.58
8	182 Grant	Stenhouse	M50 SCVAC	4:51.01
9	180 Sean	Smith	M50 SCVAC	5:18.65

M55 1500 Metre Run  
Finals

1	199 Guy	Bracken	M56 NEMAA	4:20.90
2	227 Gary	Ironmonger	M56 VAC	4:36.11
3	248 Colin	Ridley	M56 EMAC	4:37.19
4	260 Tony	Tuohy	M55 VAC	4:43.12
5	228 Simon	Le Mare	M56 EMAC	4:45.87
6	215 Rob	Fox	M58 MMAC	4:52.16
7	210 Malcolm	Down	M56 EMAC	5:03.07

8	255 Steven	Taylor	M59 NMAC	5:07.30
9	192 Mark	Ashby	M55 SCVAC	5:08.12
10	233 Grant	Matheson	M55 SVHC	5:13.09
11	211 Steven	Doxey	M57 NMAC	5:14.02
12	270 Philip	York	M55 SWVAC	5:16.31
13	241 Colin	Oxlade	M59 SCVAC	5:39.49
14	254 Andrew	Stewart	M57 EMAC	5:49.52

#### M60 1500 Metre Run

##### Finals

1	274 David	Bedwell	M64 MMAC	4:55.25
2	271 Kevin	Archer	M64 SWVAC	4:59.45
3	284 Richard	Clark	M60 VAC	5:23.03
4	313 Keith	McLellan	M61 EMAC	5:41.29
5	327 Malcolm	Thirlaway	M61 NEMAA	5:43.42
6	304 Graham	Lamb	M62 MMAC	5:44.85
7	332 Ian	Wright	M61 SWVAC	5:58.73
8	292 Alan	Dolton	M61 SCVAC	6:11.14

#### M65 1500 Metre Run

##### Finals

1	357 David	Oxland	M66 MMAC	5:06.64
2	350 Peter	Kennedy	M66 VAC	5:27.56
3	352 Michael	Mann	M69 VAC	5:45.92
4	367 Ian	Snow	M67 SWVAC	6:02.11

#### M70 1500 Metre Run

##### Finals

1	381 John	Exley	M70 SCVAC	5:47.47
2	386 Peter	Hamilton	M70 SWVAC	5:52.96
3	387 John	Horton	M73 SWVAC	5:55.49
---	380 Albert	Eland	M72 NMAC	DNF

#### M75 1500 Metre Run

##### Finals

1	399 John	Batchelor	M77 VAC	5:54.87
2	400 Phil	Brennan	M75 MMAC	6:12.91

#### M80 1500 Metre Run

##### Finals

1	425 Edmond	Simpson	M80 VAC	6:55.40
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