

Results - Field Saturday

W35 High Jump

| Name | | | | |
|--------|-----------|----------|----------|-------|
| Finals | | | | |
| 1 | 445 Heidi | Nicholas | W37 EMAC | 1.40m |

W40 High Jump

| Name | | | | |
|--------|------------|-----------|-----------|-------|
| Finals | | | | |
| 1 | 465 Diana | Norman | W43 SCVAC | 1.55m |
| 2 | 473 Lisa | Tanushi | W43 EMAC | 1.30m |
| 3 | 472 Kirsty | Tanner | W44 SCVAC | 1.20m |
| 4 | 455 Anja | Fairbairn | W41 SCVAC | 1.20m |

W50 High Jump

| Name | | | | |
|--------|------------|------|-----------|-------|
| Finals | | | | |
| 1 | 528 Louise | Wood | W51 SCVAC | 1.35m |

W55 High Jump

| Name | | | | |
|--------|-------------|---------|----------|-------|
| Finals | | | | |
| 1 | 536 Melanie | Garland | W55 WMAA | 1.38m |
| 2 | 532 Gaye | Clarke | W57 EMAC | 1.28m |

W60 High Jump

| Name | | | | |
|--------|------------|-------|----------|-------|
| Finals | | | | |
| 1 | 567 Carole | Filer | W62 EMAC | 1.34m |

M55 High Jump

| Name | | | | |
|--------|-------------|----------|-----------|-------|
| Finals | | | | |
| 1 | 242 Richard | Phelan | M56 EMAC | 1.50m |
| 2 | 249 Stuart | Ryan | M55 NEMAA | 1.45m |
| 3 | 200 Malcolm | Bramhall | M59 EMAC | 1.45m |

M60 High Jump

| Name | | | | |
|--------|-----------|-------|-----------|-------|
| Finals | | | | |
| 1 | 277 David | Blunt | M64 VAC | 1.40m |
| 2 | 272 Paul | Askew | M63 MMAC | 1.40m |
| 3 | 308 Clem | Leon | M62 SCVAC | 1.30m |
| --- | 298 Colin | Hague | M61 SWVAC | NH |

M65 High Jump

| Name | | | | |
|--------|--------------|-----------|---------|-------|
| Finals | | | | |
| 1 | 351 Geoffrey | Kitchener | M68 VAC | 1.20m |

M70 High Jump

| Name | | | | |
|--------|------------|--------|----------|-------|
| Finals | | | | |
| 1 | 396 Edward | Wagner | M72 NMAC | 1.18m |

M75 High Jump

| Name | | | | |
|--------|-----------|--------|-------------|-------|
| Finals | | | | |
| 1 | 411 Jim | O'Shea | M75 IRELAND | 1.28m |
| 2 | 401 Roger | Bruck | M78 SCVAC | 1.24m |

W35 Pole Vault

| Name | | | | |
|--------|-----------|----------|----------|-------|
| Finals | | | | |
| 1 | 448 Sarah | Semeraro | W35 VAC | 3.40m |
| 2 | 441 Jemma | Eastwood | W39 EMAC | 3.40m |

W40 Pole Vault

| Name | | | | |
|--------|----------|-----------|-----------|-------|
| Finals | | | | |
| 1 | 455 Anja | Fairbairn | W41 SCVAC | 2.10m |

W45 Pole Vault

Finals

| | | | | | |
|-----------------------|----------------|------------|-----|-------|-------|
| 1 | 480 Jackie | Breslin | W49 | SCVAC | 1.90m |
| W50 Pole Vault Finals | | | | | |
| 1 | 517 Jacqueline | Montgomery | W53 | SCVAC | 2.40m |
| W55 Pole Vault Finals | | | | | |
| 1 | 534 Teresa | Eades | W59 | SCVAC | 2.40m |
| W60 Pole Vault Finals | | | | | |
| 1 | 585 Sue | Yeomans | W64 | SCVAC | 2.50m |
| W65 Pole Vault Finals | | | | | |
| 1 | 590 Sue | Dassie | W65 | SCVAC | 2.00m |
| M70 Pole Vault Finals | | | | | |
| 1 | 376 John | Bradley | M74 | MMAC | 2.10m |
| --- | 390 Neal | Mason | M70 | SWVAC | NH |
| W35 Long Jump Finals | | | | | |
| 1 | 451 Lysie | Whyke | W38 | NMAC | 4.78m |
| 2 | 445 Heidi | Nicholas | W37 | EMAC | 4.54m |
| W40 Long Jump Finals | | | | | |
| 1 | 465 Diana | Norman | W43 | SCVAC | 5.09m |
| 2 | 462 Stacy | McGivern | W41 | EMAC | 5.06m |
| 3 | 477 Joy | Wright | W42 | SWVAC | 4.53m |
| 4 | 467 Stephanie | Pain | W44 | EMAC | 4.39m |
| 5 | 473 Lisa | Tanushi | W43 | EMAC | 4.31m |
| 6 | 472 Kirsty | Tanner | W44 | SCVAC | 3.76m |
| W45 Long Jump Finals | | | | | |
| 1 | 480 Jackie | Breslin | W49 | SCVAC | 3.60m |
| W50 Long Jump Finals | | | | | |
| 1 | 526 Jo | Willoughby | W54 | MMAC | 4.60m |
| 2 | 528 Louise | Wood | W51 | SCVAC | 4.40m |
| W55 Long Jump Finals | | | | | |
| 1 | 536 Melanie | Garland | W55 | WMAA | 4.51m |
| 2 | 532 Gaye | Clarke | W57 | EMAC | 3.83m |
| 3 | 564 Rosalind | Zeffertt | W56 | SCVAC | 3.52m |
| 4 | 557 Lyn | Sole | W57 | SCVAC | 3.44m |
| W60 Long Jump Finals | | | | | |
| 1 | 567 Carole | Filer | W62 | EMAC | 4.28m |
| 2 | 571 Polly | Gerner | W60 | MMAC | 3.67m |
| 3 | 568 Sandra | Francis | W61 | OPEN | 3.39m |
| 4 | 580 Christine | Salvary | W61 | SCVAC | 3.04m |
| W65 Long Jump Finals | | | | | |
| 1 | 586 Lyn | Ahmet | W65 | SCVAC | 3.12m |

W70 Long Jump

| | | | | | |
|--------|--------------|--------|-----|------|-------|
| Finals | | | | | |
| 1 | 606 Patricia | Oakes | W71 | WMAA | 2.51m |
| 2 | 605 Daphne | Marler | W71 | WMAA | 2.00m |

W75 Long Jump

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|--------|----------|--------|-----|------|-------|
| Finals | | | | | |
| 1 | 609 Iris | Holder | W77 | WMAA | 2.99m |

M35 Long Jump

| | | | | | |
|--------|------------|----------|-----|------|-------|
| Finals | | | | | |
| 1 | 22 Carl | McMullen | M38 | NMAC | 6.14m |
| 2 | 25 Clint | Nicholls | M39 | EMAC | 5.72m |
| 3 | 17 Stephen | Leek | M37 | SVHC | 5.65m |
| 4 | 6 Aaron | Bollu | M39 | EMAC | 5.51m |

M40 Long Jump

| | | | | | |
|--------|-----------|--------|-----|--------|-------|
| Finals | | | | | |
| 1 | 59 Marcus | Medina | M44 | BRAZIL | 5.95m |
| 2 | 51 Carson | Graham | M41 | SVHC | 5.75m |

M45 Long Jump

| | | | | | |
|--------|------------|----------|-----|-------|-------|
| Finals | | | | | |
| 1 | 107 Neil | Lincoln | M47 | SCVAC | 5.83m |
| 2 | 104 Marek | Kowalski | M46 | EMAC | 5.10m |
| 3 | 77 Craig | Beecham | M46 | SCVAC | 4.76m |
| 4 | 76 Stephen | Bass | M45 | EMAC | 4.59m |

M50 Long Jump

| | | | | | |
|--------|-------------|---------|-----|-------|-------|
| Finals | | | | | |
| 1 | 187 Derek | Warn | M52 | SCVAC | 4.84m |
| 2 | 145 Alan | Easey | M54 | VAC | 4.68m |
| 3 | 188 Richard | Weekes | M53 | VAC | 4.59m |
| 4 | 174 Dave | Roberts | M50 | SCVAC | 4.56m |
| 5 | 169 Keith | Palmer | M53 | EMAC | 4.49m |

M55 Long Jump

| | | | | | |
|--------|--------------|--------|-----|-------|-------|
| Finals | | | | | |
| 1 | 242 Richard | Phelan | M56 | EMAC | 4.86m |
| 2 | 265 Clifford | Warren | M56 | VAC | 4.84m |
| 3 | 256 Vincent | Taylor | M55 | SWVAC | 4.77m |
| 4 | 244 Keith | Powell | M57 | WMAA | 4.53m |

M60 Long Jump

| | | | | | |
|--------|--------------|---------|-----|-------|-------|
| Finals | | | | | |
| 1 | 301 Henry | Hopkins | M60 | MMAC | 4.76m |
| 2 | 330 Trevor | Wade | M61 | SCVAC | 4.74m |
| 3 | 306 Mario | Lapka | M64 | SWVAC | 4.70m |
| 4 | 277 David | Blunt | M64 | VAC | 4.23m |
| 5 | 290 Roderick | Davies | M61 | WMAA | 4.05m |
| 6 | 308 Clem | Leon | M62 | SCVAC | 3.96m |

M65 Long Jump

| | | | | | |
|--------|-------------|----------|-----|---------|-------|
| Finals | | | | | |
| 1 | 365 Rashpal | Singh | M65 | MMAC | 4.19m |
| 2 | 337 Timothy | Carter | M65 | VAC | 3.83m |
| 3 | 361 Patrick | Reynolds | M67 | IRELAND | 2.95m |

M70 Long Jump

| | | | | | |
|--------|-----------|-------|-----|------|-------|
| Finals | | | | | |
| 1 | 394 James | Smith | M73 | SVHC | 3.92m |

M75 Long Jump

Finals

| | | | | |
|---|-----------|--------|-------------|-------|
| 1 | 410 Allan | Long | M75 VAC | 4.06m |
| 2 | 411 Jim | O'Shea | M75 IRELAND | 3.99m |
| 3 | 401 Roger | Bruck | M78 SCVAC | 2.89m |

M80 Long Jump
Finals

| | | | | |
|---|----------|--------|----------|-------|
| 1 | 417 Tony | Bowman | M82 NMAC | 3.40m |
|---|----------|--------|----------|-------|

W35 Shot Put
Finals

| | | | | |
|---|------------|---------|----------|-------|
| 1 | 438 Kerrie | Buckley | W37 NMAC | 9.21m |
|---|------------|---------|----------|-------|

W40 Shot Put
Finals

| | | | | |
|---|---------------|---------|-----------------|--------|
| 1 | 465 Diana | Norman | W43 SCVAC | 10.92m |
| 2 | 456 Monique | Heijns | W40 NETHERLANDS | 10.56m |
| 3 | 467 Stephanie | Pain | W44 EMAC | 8.42m |
| 4 | 473 Lisa | Tanushi | W43 EMAC | 7.89m |

W45 Shot Put
Finals

| | | | | |
|---|-----------|----------|-----------|--------|
| 1 | 501 Paula | Williams | W45 MMAC | 10.31m |
| 2 | 489 Sue | Lawrence | W47 SCVAC | 10.03m |
| 3 | 490 Sarah | Mcgrath | W45 EMAC | 9.16m |
| 4 | 486 Emma | Hickmott | W45 SCVAC | 6.70m |
| 5 | 494 Anita | Saunders | W47 NMAC | 6.69m |
| 6 | 485 Hazel | Gering | W45 EMAC | 6.47m |

W50 Shot Put
Finals

| | | | | |
|---|---------------|------------|-----------|--------|
| 1 | 506 Jacquelyn | Brett | W52 SWVAC | 10.31m |
| 2 | 516 Deborah | Montgomery | W51 SCVAC | 10.22m |
| 3 | 521 Janet | Smith | W53 SCVAC | 8.79m |
| 4 | 514 Karen | Llewelin | W54 WMAA | 8.75m |

W55 Shot Put
Finals

| | | | | |
|---|------------|----------|-----------|-------|
| 1 | 563 Julie | Wilson | W55 EMAC | 9.93m |
| 2 | 533 Wendy | Dunsford | W57 EMAC | 8.15m |
| 3 | 541 Oriana | Johnson | W56 EMAC | 7.47m |
| 4 | 549 Angela | Morgan | W59 SCVAC | 6.98m |
| 5 | 555 Brenda | Russell | W59 EMAC | 6.07m |

W60 Shot Put
Finals

| | | | | |
|---|------------|---------|----------|-------|
| 1 | 567 Carole | Filer | W62 EMAC | 7.46m |
| 2 | 573 Pat | Higgins | W61 MMAC | 6.35m |

W65 Shot Put
Finals

| | | | | |
|---|------------|----------|-----------|--------|
| 1 | 601 Vilma | Thompson | W66 SCVAC | 10.06m |
| 2 | 590 Sue | Dassie | W65 SCVAC | 8.04m |
| 3 | 589 Anthea | Bramford | W69 EMAC | 5.57m |

W70 Shot Put
Finals

| | | | | |
|---|---------|---------|-----------|-------|
| 1 | 608 Liz | Sissons | W73 SCVAC | 8.31m |
|---|---------|---------|-----------|-------|

W80 Shot Put
Finals

| | | | | |
|---|----------|--------|----------|-------|
| 1 | 615 Anne | Martin | W82 EMAC | 6.22m |
|---|----------|--------|----------|-------|

M65 Shot Put
Finals

| | | | | | |
|---|-------------|-----------|-----|---------|--------|
| 1 | 345 Neil | Griffin | M69 | SCVAC | 12.01m |
| 2 | 363 Tony | Richards | M68 | VAC | 10.68m |
| 3 | 373 John | Wild | M66 | NEMAA | 9.95m |
| 4 | 364 Bunt | Scott | M67 | EMAC | 9.94m |
| 5 | 348 Nigel | Hooker | M65 | SCVAC | 9.69m |
| 6 | 334 Kevin | Bates | M65 | EMAC | 8.55m |
| 7 | 360 Bill | Renshaw | M68 | MMAC | 8.51m |
| 8 | 335 John | Blackwell | M67 | EMAC | 7.51m |
| 9 | 361 Patrick | Reynolds | M67 | IRELAND | 6.80m |

M70 Shot Put
Finals

| | | | | | |
|---|------------|---------|-----|------|-------|
| 1 | 396 Edward | Wagner | M72 | NMAC | 9.05m |
| 2 | 388 David | Kuester | M73 | MMAC | 8.72m |
| 3 | 384 John | Gilbert | M74 | VAC | 8.32m |

M75 Shot Put
Finals

| | | | | | |
|---|-----------|--------|-----|-------|--------|
| 1 | 398 Eric | Barker | M75 | SCVAC | 11.57m |
| 2 | 416 John | Watts | M78 | NMAC | 10.84m |
| 3 | 414 James | Sloan | M76 | NMAC | 10.24m |

M80 Shot Put
Finals

| | | | | | |
|---|-------------|--------|-----|-------|-------|
| 1 | 421 Ian | Miller | M83 | EMAC | 9.16m |
| 2 | 419 Warwick | Dixon | M82 | SCVAC | 8.68m |

M85 Shot Put
Finals

| | | | | | |
|---|-----------|---------|-----|------|-------|
| 1 | 429 John | Kirkham | M89 | VAC | 6.04m |
| 2 | 428 James | Farrar | M89 | NMAC | 4.11m |

M35 Discus Throw
Finals

| | | | | | |
|---|-------------|-------|-----|-------|--------|
| 1 | 29 Jonathan | Scott | M38 | NIMAA | 29.33m |
| 2 | 17 Stephen | Leek | M37 | SVHC | 25.64m |

M40 Discus Throw
Finals

| | | | | | |
|---|----------|----------|-----|-------|--------|
| 1 | 61 Lee | Newman | M44 | WMAA | 46.86m |
| 2 | 37 Simon | Achurch | M43 | EMAC | 33.41m |
| 3 | 70 Dan | Upton | M42 | VAC | 32.33m |
| 4 | 58 Ray | Mckenna | M42 | SCVAC | 30.57m |
| 5 | 71 Ian | Williams | M42 | WMAA | 28.11m |

M45 Discus Throw
Finals

| | | | | | |
|---|----------|---------|-----|------|--------|
| 1 | 113 Greg | Pell | M45 | NMAC | 37.71m |
| 2 | 126 John | Twiddle | M49 | NMAC | 32.64m |

M50 Discus Throw
Finals

| | | | | | |
|---|--------------|-----------|-----|-------|--------|
| 1 | 171 Trevor | Ratcliffe | M54 | SCVAC | 35.22m |
| 2 | 186 Nicholas | Walker | M54 | SWVAC | 33.55m |
| 3 | 138 David | Brown | M52 | NMAC | 31.75m |
| 4 | 159 Paul | Kelly | M52 | SCVAC | 30.00m |
| 5 | 150 Leeroy | Golding | M50 | NMAC | 27.10m |
| 6 | 190 Simon | Wills | M53 | MMAC | 26.67m |
| 7 | 154 David | Hunt | M50 | VAC | 20.08m |

M55 Discus Throw
Finals

| | | | | | |
|---|------------|----------|-----|-------|--------|
| 1 | 238 John | Moreland | M59 | MMAC | 45.55m |
| 2 | 249 Stuart | Ryan | M55 | NEMAA | 41.59m |

| | | | | | |
|---|------------|-------------|-----|-------|--------|
| 3 | 202 Robert | Broadbridge | M58 | SWVAC | 39.06m |
| 4 | 245 Chris | Privett | M58 | VAC | 37.43m |
| 5 | 194 Nick | Barton | M58 | SCVAC | 34.35m |
| 6 | 219 Jim | Gillespie | M55 | EMAC | 28.18m |
| 7 | 266 Neil | Watson | M56 | SCVAC | 25.77m |

M60 Discus Throw
Finals

| | | | | | |
|---|------------|---------|-----|-------|--------|
| 1 | 318 Graeme | Packman | M63 | EMAC | 34.55m |
| 2 | 326 Keith | Seldon | M60 | VAC | 30.29m |
| 3 | 273 Mike | Bale | M61 | SCVAC | 29.07m |
| 4 | 288 Peter | Coote | M63 | MMAC | 26.75m |

W35 Hammer Throw
Finals

| | | | | | |
|-----|------------|---------|-----|------|------|
| --- | 438 Kerrie | Buckley | W37 | NMAC | FOUL |
|-----|------------|---------|-----|------|------|

W40 Hammer Throw
Finals

| | | | | | |
|---|------------|---------|-----|------|--------|
| 1 | 457 Andrea | Jenkins | W42 | EMAC | 43.63m |
| 2 | 460 Nicola | Long | W43 | MMAC | 26.73m |

W45 Hammer Throw
Finals

| | | | | | |
|---|-----------|----------|-----|-------|--------|
| 1 | 489 Sue | Lawrence | W47 | SCVAC | 36.74m |
| 2 | 486 Emma | Hickmott | W45 | SCVAC | 21.81m |
| 3 | 485 Hazel | Gering | W45 | EMAC | 16.76m |

W50 Hammer Throw
Finals

| | | | | | |
|---|---------------|------------|-----|-------|--------|
| 1 | 506 Jacquelyn | Brett | W52 | SWVAC | 40.58m |
| 2 | 521 Janet | Smith | W53 | SCVAC | 38.92m |
| 3 | 516 Deborah | Montgomery | W51 | SCVAC | 32.52m |
| 4 | 514 Karen | Llewelin | W54 | WMAA | 30.50m |

W55 Hammer Throw
Finals

| | | | | | |
|---|-------------|-----------|-----|-------|--------|
| 1 | 563 Julie | Wilson | W55 | EMAC | 34.88m |
| 2 | 542 Karen | Jones | W57 | SWVAC | 34.84m |
| 3 | 533 Wendy | Dunsford | W57 | EMAC | 27.78m |
| 4 | 562 Julie | Wakelam | W59 | MMAC | 26.96m |
| 5 | 556 Deborah | Singleton | W59 | VAC | 24.43m |
| 6 | 555 Brenda | Russell | W59 | EMAC | 24.13m |
| 7 | 549 Angela | Morgan | W59 | SCVAC | 22.82m |

W60 Hammer Throw
Finals

| | | | | | |
|---|----------|---------|-----|------|--------|
| 1 | 573 Pat | Higgins | W61 | MMAC | 23.65m |
| 2 | 576 Jill | Lamb | W60 | MMAC | 18.58m |

W65 Hammer Throw
Finals

| | | | | | |
|---|------------|----------|-----|-------|--------|
| 1 | 601 Vilma | Thompson | W66 | SCVAC | 29.01m |
| 2 | 589 Anthea | Bramford | W69 | EMAC | 21.71m |

W70 Hammer Throw
Finals

| | | | | | |
|---|--------------|---------|-----|-------|--------|
| 1 | 604 Rosemary | Hutton | W70 | SWVAC | 23.93m |
| 2 | 608 Liz | Sissons | W73 | SCVAC | 19.85m |

W80 Hammer Throw
Finals

| | | | | | |
|---|----------|--------|-----|------|--------|
| 1 | 615 Anne | Martin | W82 | EMAC | 19.52m |
|---|----------|--------|-----|------|--------|

M65 Hammer Throw

Finals

| | | | | | |
|---|-------------|-----------|-----|-------|--------|
| 1 | 364 Bunt | Scott | M67 | EMAC | 36.17m |
| 2 | 373 John | Wild | M66 | NEMAA | 35.51m |
| 3 | 348 Nigel | Hooker | M65 | SCVAC | 34.43m |
| 4 | 368 Clive | Thomson | M66 | SCVAC | 30.78m |
| 5 | 335 John | Blackwell | M67 | EMAC | 29.38m |
| 6 | 356 Timothy | Needham | M65 | EMAC | 28.95m |
| 7 | 360 Bill | Renshaw | M68 | MMAC | 25.39m |

M70 Hammer Throw

Finals

| | | | | | |
|---|-----------|---------|-----|------|--------|
| 1 | 384 John | Gilbert | M74 | VAC | 32.00m |
| 2 | 388 David | Kuester | M73 | MMAC | 28.42m |

M75 Hammer Throw

Finals

| | | | | | |
|---|--------------|--------|-----|-------|--------|
| 1 | 402 Laurence | Bryce | M75 | VAC | 34.45m |
| 2 | 398 Eric | Barker | M75 | SCVAC | 32.94m |

M80 Hammer Throw

Finals

| | | | | | |
|---|-------------|--------|-----|-------|--------|
| 1 | 419 Warwick | Dixon | M82 | SCVAC | 33.55m |
| 2 | 421 Ian | Miller | M83 | EMAC | 30.94m |

M85 Hammer Throw

Finals

| | | | | | |
|---|----------|---------|-----|-----|--------|
| 1 | 429 John | Kirkham | M89 | VAC | 18.89m |
|---|----------|---------|-----|-----|--------|

M35 Javelin Throw

Finals

| | | | | | |
|---|-------------|-------|-----|-------|--------|
| 1 | 33 Shaun | Wall | M36 | SCVAC | 46.75m |
| 2 | 17 Stephen | Leek | M37 | SVHC | 39.03m |
| 3 | 8 Matt | Cave | M35 | SWVAC | 37.93m |
| 4 | 29 Jonathan | Scott | M38 | NIMAA | 31.22m |

M40 Javelin Throw

Finals

| | | | | | |
|---|----------|----------|-----|------|--------|
| 1 | 37 Simon | Achurch | M43 | EMAC | 40.86m |
| 2 | 71 Ian | Williams | M42 | WMAA | 27.06m |
| 3 | 70 Dan | Upton | M42 | VAC | 27.06m |

M45 Javelin Throw

Finals

| | | | | | |
|---|------------|----------|-----|-------------|--------|
| 1 | 82 Andrew | Bruce | M47 | SVHC | 38.33m |
| 2 | 113 Greg | Pell | M45 | NMAC | 35.51m |
| 3 | 127 Jeroen | Van Riel | M48 | NETHERLANDS | 32.90m |

M50 Javelin Throw

Finals

| | | | | | |
|---|--------------|-----------|-----|-------|--------|
| 1 | 171 Trevor | Ratcliffe | M54 | SCVAC | 47.33m |
| 2 | 138 David | Brown | M52 | NMAC | 37.53m |
| 3 | 186 Nicholas | Walker | M54 | SWVAC | 34.52m |
| 4 | 154 David | Hunt | M50 | VAC | 30.02m |

M55 Javelin Throw

Finals

| | | | | | |
|---|--------------|--------|-----|-------|--------|
| 1 | 249 Stuart | Ryan | M55 | NEMAA | 42.12m |
| 2 | 243 Jonathan | Powell | M55 | WMAA | 38.21m |
| 3 | 193 Kevin | Baker | M55 | SCVAC | 36.14m |
| 4 | 194 Nick | Barton | M58 | SCVAC | 34.56m |
| 5 | 266 Neil | Watson | M56 | SCVAC | 24.50m |

M60 Javelin Throw

| | | | | | |
|------------------|---------------|------------|-----|---------|--------|
| Finals | | | | | |
| 1 | 305 Stephen | Langdon | M60 | SCVAC | 36.09m |
| 2 | 326 Keith | Seldon | M60 | VAC | 36.02m |
| 3 | 319 Malcolm | Pell | M60 | MMAC | 34.03m |
| 4 | 288 Peter | Coote | M63 | MMAC | 31.02m |
| 5 | 322 Chris | Pruski | M63 | WMAA | 29.94m |
| W40 Weight Throw | | | | | |
| Finals | | | | | |
| 1 | 457 Andrea | Jenkins | W42 | EMAC | 13.55m |
| 2 | 460 Nicola | Long | W43 | MMAC | 5.85m |
| W45 Weight Throw | | | | | |
| Finals | | | | | |
| 1 | 489 Sue | Lawrence | W47 | SCVAC | 10.44m |
| 2 | 485 Hazel | Gering | W45 | EMAC | 5.27m |
| W50 Weight Throw | | | | | |
| Finals | | | | | |
| 1 | 506 Jacquelyn | Brett | W52 | SWVAC | 12.56m |
| 2 | 521 Janet | Smith | W53 | SCVAC | 12.11m |
| 3 | 514 Karen | Llewellyn | W54 | WMAA | 8.62m |
| --- | 516 Deborah | Montgomery | W51 | SCVAC | FOUL |
| W55 Weight Throw | | | | | |
| Finals | | | | | |
| 1 | 542 Karen | Jones | W57 | SWVAC | 11.27m |
| 2 | 563 Julie | Wilson | W55 | EMAC | 9.31m |
| 3 | 562 Julie | Wakelam | W59 | MMAC | 8.96m |
| 4 | 533 Wendy | Dunsford | W57 | EMAC | 8.40m |
| 5 | 549 Angela | Morgan | W59 | SCVAC | 7.09m |
| 6 | 555 Brenda | Russell | W59 | EMAC | 6.82m |
| W60 Weight Throw | | | | | |
| Finals | | | | | |
| 1 | 573 Pat | Higgins | W61 | MMAC | 9.07m |
| 2 | 576 Jill | Lamb | W60 | MMAC | 7.20m |
| W65 Weight Throw | | | | | |
| Finals | | | | | |
| 1 | 601 Vilma | Thompson | W66 | SCVAC | 11.21m |
| 2 | 589 Anthea | Bramford | W69 | EMAC | 7.11m |
| 3 | 599 Linda | Oxlade | W67 | SCVAC | 6.31m |
| W70 Weight Throw | | | | | |
| Finals | | | | | |
| 1 | 608 Liz | Sissons | W73 | SCVAC | 7.56m |
| 2 | 604 Rosemary | Hutton | W70 | SWVAC | 7.52m |
| W80 Weight Throw | | | | | |
| Finals | | | | | |
| 1 | 615 Anne | Martin | W82 | EMAC | 7.18m |
| M65 Weight Throw | | | | | |
| Finals | | | | | |
| 1 | 373 John | Wild | M66 | NEMAA | 13.16m |
| 2 | 364 Bunt | Scott | M67 | EMAC | 11.93m |
| 3 | 368 Clive | Thomson | M66 | SCVAC | 11.67m |
| 4 | 335 John | Blackwell | M67 | EMAC | 11.22m |
| 5 | 356 Timothy | Needham | M65 | EMAC | 10.47m |
| 6 | 360 Bill | Renshaw | M68 | MMAC | 10.24m |
| 7 | 361 Patrick | Reynolds | M67 | IRELAND | 6.99m |
| M70 Weight Throw | | | | | |

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|------------------|-------------|---------|-----|-------|--------|
| Finals | | | | | |
| 1 | 384 John | Gilbert | M74 | VAC | 11.27m |
| 2 | 388 David | Kuester | M73 | MMAC | 10.53m |
| M75 Weight Throw | | | | | |
| Finals | | | | | |
| 1 | 398 Eric | Barker | M75 | SCVAC | 13.74m |
| M80 Weight Throw | | | | | |
| Finals | | | | | |
| 1 | 419 Warwick | Dixon | M82 | SCVAC | 12.89m |
| 2 | 421 Ian | Miller | M83 | EMAC | 12.23m |
| M85 Weight Throw | | | | | |
| Finals | | | | | |
| 1 | 429 John | Kirkham | M89 | VAC | 6.58m |