

## EMAC Road Championships 2017

First name	Last name	Age category	5m%	10k%	10m%	Half%	Agg of Best 3
Steve	Hall	M45	78.80		78.2	76.3	233.30
Glyn	Smith	M70		77.51	77.4	75.9	230.81
Maurice	Hemingway	M60	76.27	73.12	78.5	75.6	230.37
Yuko	Gordon	W65	90.81	93.34			184.15
Ty	Farrer	M40	82.05		80.9		162.95
Christine	Lathwell	W50	79.36	80.39			159.75
John	Lawlor	M60	78.91		79.4		158.31
Bruce	Grimley	M60	75.45		76.2		151.65
Ian	Richardson	M50			69.7	73.4	143.10
Gerald	Meah	M60	72.08	70.82			142.90
Andrew	Leach	M50				91.0	91.00
Paul	Mingay	M60				89.5	89.50
Christopher	Armstrong	M50		87.73			87.73
Simon	Coombes	M45	87.51				87.51
Diane	Baldwin	M60	87.42				87.42
Spencer	Goodall	M45	85.19				85.19
Anne	Ellen	W60		83.98			83.98
Mark	Vaughan	M45		83.83			83.83
Sullivan	Smith	M40		83.63			83.63
Maureen	McCarthy	W55		83.61			83.61
John	Chapman	M60	83.13				83.13
Charlene	Jacobs-Conradie	W35	83.11				83.11
Peter	Thompson	M55	82.92				82.92
Paul	Wilkerson	M60	81.10				81.10
David	Hudson	M35			80.7		80.70
James	Skinner	M40			80.7		80.70
Matthew	Allen	M40			80.3		80.30
Nick	Malpeli	M50			79.3		79.30
Diane	Farmer	W55	79.21				79.21
Peter	Harris	M65			77.9		77.90
Eric	Winstone	M65			77.8		77.80
Lee	Taylor	M40		77.76			77.76
Mark	Gowers	M55		76.48			76.48
Peter	Ward	M50			76.0		76.00
Chris	Finister	M40	75.81				75.81
Debbie	Schwartz	W45			75.3		75.30
Scott	Magee	M45	75.08				75.08
Barry	Warne	M55	74.78				74.78
Pauline	Stocker	W55			74.7		74.70
Pauline	Preston	M45			74.6		74.60
Tony	Savage	M55			74.6		74.60
Don	Lawless	M50		73.75			73.75
Nicholas	Beardow	M55				71.2	71.20
Michael	Brentnall	M65				70.5	70.50
Simon	Kirschner-Heavens	M35	69.59				69.59
Mark	Tinkler	M60	69.53				69.53
Robert	Lands	M55	68.91				68.91
Neil	Watson	M45			67.4		67.40
Clark	Skerratt	M65			67.1		67.10
Tony	Hyde	M50		66.22			66.22
Jeffrey	Reed	M70	65.99				65.99
Robert	Sargent	M60		64.36			64.36
Eloise	Bird	W50			62.5		62.50
James	Shea	M45	56.11				56.11

Calculated taking aggregate of best three results